

13MWZ aka UNO, DOS, TRES

Step Description distributed by Rose Haven 404.379.1213 or rose@atlantalincedance.com

4-wall Line Dance

Choreographed by: Sherry McClure

BPM: 115-140

Recommended Music:

“13MWZ” by Deryl Dodd

“Maria” by Ricky Martin (Latin rhythm)

Other appropriate West Coast Swing music
or Latin rhythm music

<u>BEATS</u>	<u>COUNTS</u>	<u>STEP DESCRIPTION</u>
1-8		<u>SIDE ROCK, CROSSING TRIPLE STEP, SIDE ROCK, CROSSING TRIPLE STEP.</u>
	1	Rock/step right foot to right side.
	2	Recover weight onto left foot.
	3	Step right foot across in front of left foot.
	&	Step ball of left foot slightly left. (Feet are still crossed.)
	4	Step right foot to left. (Feet are still crossed.)
	5	Rock/step left foot to left side.
	6	Recover weight onto right foot.
	7	Step left foot across in front of right foot.
	&	Step ball of right foot slightly right. (Feet are still crossed.)
	8	Step left foot to right. (Feet are still crossed.)
9-16		<u>TOUCH RIGHT, LEFT, FORWARD, BACK. LEFT KICK-BALL-STEP (TWICE).</u>
	1	Touch right toe to right side.
	&	Step right foot beside left foot.
	2	Touch left toe to left side.
	&	Step left foot beside right foot.
	3	Touch right heel diagonally forward right.
	&	Step right foot beside left foot.
	4	Touch left toe diagonally back.
	5	Kick left foot forward or slightly hitch left foot.
	&	Step ball of left foot beside right foot.
	6	Step right foot forward.
	7&8	Repeat steps 5&6.
17-24		<u>1/2 PIVOT TURN RIGHT, ROCK-STEP, ROCK-STEP, FORWARD SHUFFLE.</u>
	1	Step left foot forward.
	2	On balls of both feet, pivot 1/2 turn right to face 6:00. Weight to right foot.
	3	Rock/step left foot forward.
	4	Shift weight back on right foot. (option: bump hips forward and back on steps 3,4)
	5-6	Repeat Steps 3-4, OR do a two count body roll with weight ending on right foot.
	7	Step left foot forward.
	&	Step ball of right foot beside left foot.
	8	Step left foot forward.
25-32		<u>ROCK-STEP, CW 3/4 TURN (IN PLACE), ROCK-STEP, COASTER-CROSS.</u>
	1	Rock/step right foot forward.
	2	Recover weight back onto left foot.
	3	Pivoting on ball of left foot, begin 3/4 turn right, stepping right foot beside left foot.
	&	Pivoting on ball of right foot, continue 3/4 turn right, stepping ball of left foot beside right foot.
	4	Pivoting on ball of left foot, complete 3/4 turn right, stepping right foot beside left foot.
	5	Rock/step left foot forward.
	6	Recover weight back onto right foot.
	7	Step ball of left foot back.
	&	Step ball of right foot beside left foot.
	8	Step left foot across in front of right foot.

Begin again...