

BAR ROOM BOOGIE

Choreographed by: Linda DeFord and Linda Brinkley (of Atlanta, GA)

Music: Wild Wild West by: The Escape Club or Scooter Lee or Last Night by Chris Anderson

We Are Family by Sister Sledge or Boot Scoot Boogie by Brooks & Dunn Or any West Coast swing tempo music

40 Count – 4 Wall Line Dance

This step description prepared by Rose Haven (404-379-1213 or rose@atlantalincedance.com)

Count: Step Description

1-8 4 Hip Bumps, Walk Forward, Kick,

1-4 Four hip bumps - (bump to right, left, right, and end with hip to left side and weight on left foot) or do shoulders shimmies, moving down and up for 4 counts.

5-8 Walk forward - right foot, left, right, kick left

9-16 Walk Back, Touch Toe, Walk Forward, Kick

1-4 Walk backward - left foot, right, left, touch right toe back

5-8 Walk forward - right foot, left, right, kick left

17-24 Step Slides Twice To Left, Twice To Right (you can angle body left & right as you step to left, then right sides)

1-4 Step left foot to left side, slide/step right next to left, step left foot to left side, slide/touch right next to left

5-8 Step right foot to right side, slide/step left next to right, step right foot to right side, slide/touch left next to right.

25-28 Step Slide Once Left, Once Right (or with weight on balls on feet, Twist heels to the left, right, left, center for these 4 counts)

1-4 Step left to left side, slide/touch right next to left, (angle left if you'd like)
Step right to right side, slide/touch left next to right (angle right if you'd like)

29-36 Pull backs to left, right (hip thrusts)

1 With weight on right foot, turn to face left diagonal corner, as you slide left heel forward, and extend both hands forward (left diagonal) as if grabbing something - end with both knees straight

2 Pull both hands in to hips/waist - both knees bend - hips come forward

3,4 Extend both hands out again, Pull both hands in to hips/waist.

&5-8 Shift weight to left foot (&), turn to face right diagonal corner as you slide right heel forward, and extend both hands forward (right diagonal)(5). Pull hands in to hips/waist (6), Extend hands out (7) Pull hands in to hips/waist (8)

37-40 ¼ turn to left

1-4 Begin a ¼ turn to the left in four steps:

Step on right foot (1), step on left (2),

Step on right foot continuing turn to left (3), Step/stomp on left foot (having completed a ¼ turn left) (4).

BEGIN AGAIN!