

HALO

Choreographed by Tandy Barrett, Lawrenceville, GA

4 Wall Line Dance – easy intermediate

Suggested Song: “Halo” by Beyonce (song version that is 4:41 long) or try it to your favorite slow song!

16 count intro after song starts (dance will start just before the vocals)

This Step Sheet by Rose Haven, 404.379.1213 or atlantalincedance@bellsouth.net or rose@atlantalincedance.com website: www.atlantalincedance.com

1-8 Side Rocks, Syncopated Behind, Side, Cross in Front

- 1,2 R Side Rock/step, Replace weight to L foot.
- 3&4 Step R behind L, Step L to L side (&) Step R across in front of L
- 5,6 L Side Rock/step, Replace weight to R foot
- 7&8 Step L behind R, Step R to R (&), Step L across in front of R

9-16 R Step, Spiral Turn Left, L Triple Fwd, R Rock/Replace, Step-Lock-Step Bk

- 1,2 Step R forward, Pick up R heel and on the ball of R do a *full* spiral turn to left (end with left slightly hooked over right)
- 3&4 Triple forward (L, R (&), L)
- 5,6 R Rock/step forward, Replace weight back on L
- 7&8 Step R foot back, Lock L in front of and to the R of R foot (&), Step R foot back

17-24 Ronde ¼ Left Triple Turn (Sailor Step), R Kick-Ball-Change

- R Rock Forward/Replace, Full Turn R or optional: R Coaster Back**
- 1&2 Sweep L foot into ¼ turn L, stepping on L, R (&), L
- 3&4 R Kick Ball Change *
- 5,6 R Rock/step forward, Replace weight back to L,
- 7&8 On a triple step in place, **full turn** to right (stepping on R, L (&), R)
OR optional variation: Coaster Step: Step ball of R foot back (7), Step ball of L next to R (&), Step R foot forward (8).
* Restart after R Kick Ball Change on the 8th wall, which begins at 9:00 and turns to face the front starting wall after counts 1&2.

25-32 L Rock Forward/Replace, Full Turn L or optional: L Coaster Back, 4 Body Sways

- 1,2 L Rock/step forward, Replace weight back to R,
- 3&4 On a triple step in place, full turn to left (stepping on L, R (&), L)
OR optional variation: Coaster Step: Step ball of L back, Step ball of R next to L (&), Step L foot forward.
- 5-8 Sways: Step R slightly to R side as you sway body R-L-R-L

Repeat from the beginning!

***Restart during 8th wall** (second time starting facing the 3:00 wall) right after ¼ turn left to front wall and the kick ball change, restart dance from the beginning (you’ll hear it in music).

End of Dance: Last repetition of dance ends facing back wall. After the 4 sways, step R forward (1), Touch L next to R (2), pivot on ball of R to ½ turn left, stepping forward on L to face front (3), right arm lifts up, palm up to the end of the song (4).