

Shakin' My Head

Count: 64 **Wall:** 2 **Level:** Phrased Intermediate

Choreographer: Guyton Mundy & Chris Atkinson (Oct 2013)

Music: Shakin' my Head, by Detail feat Flo Rida

8 count intro - Pattern of dance AA BB AA BB Tag AB BA

A Pattern - 32 counts

[1-8] kick cross, back together, kick step rock/recover, cross, back, ball cross, side

- 1&2 kick right foot forward, cross right over left, step back on left
&3& step right next to left, kick left foot forward, step down on left
4& rock back on right, recover on left
5-6 cross right over left, step back on left
&7& step right to right, cross left over right, step right to right side

[9-16] Toe heel walk in, coaster, step, ¼ rock recover cross, ¼,

- 1&2 walk left foot into right toe heel toe (keep weight on right)
3&4 step back on left, step together with right, step forward on left
5 step forward on right
6&7 make a ¼ turn to right rocking left out to left, recover on right, cross left over right
8 make a ¼ turn to left stepping back on right

[17-24] 1/2, out, out, arm hits with ¼ turn, arms hits

- &1-2 make a ½ turn over left stepping forward on left, step out on right, step out on left
bring hands up in front of chest with fists touching together, make a ¼ turn to right with
upper body as you drop right elbow and lift left elbow and lifting left heel to pop left
3&4 knee up slightly, drop left heel as you turn body back to front and bring elbows back to
the starting position
5-6 bring hands around in a clockwise motion as you make a ¼ turn to the right bringing
hands into chest,
7-8 push hands down towards right thigh as you lean back (weight goes to left foot), bring
hands back up as you step down on right

[25-32] cross, back with 1/4 , side cross, rock recover, ball rock recover, ball side

- 1-2 cross left over right, make a ¼ turn to left as you step back on right
&3-4 step left to left, cross right over left, rock left out to left
5&6 recover on right, step ball of left next to right, rock right out to right
7&8 recover on left, step ball of right next to left, step left to left

B Pattern - 32 counts

[1-8] back with head nod with ½ turn, press/recover, coaster cross

- 1234 step back on right as you nod your head 4 times to the right as you make a half turn to
right
5-6 press forward on right, recover on left
7&8 step back on right, step together with left, angle body slightly to right as you cross right

over left

[9-16] pimp walks, rock/recover, ½ ½

- 1234 while angled slightly to the right walk forward left, cross right over left, walk forward left, cross right over left
- 5-6 rock forward on left, recover on right
- 7-8 make a ½ turn to left stepping forward on left, make a ½ turn to left stepping back on right

[17-24] shoulder rocks, ball step back with body roll X2

- 1-2 with upper body still angled to the right, rock shoulders forward, rock shoulders back
- 3-4 with upper body still angled to the right, rock shoulders forward, rock shoulders back
- &5-6 step ball of left next to right, step back on right as you body roll back
- &7-8 step ball of left next to right, step back on right as you body roll back

[25-32] back hold, back hold, coaster, walk X2

- 1-2 step back on left, hold,
- 3-4 step back on right, hold
- 5&6 step back on left, step together with right, step forward on left
- 7-8 walk forward right, left

TAG!!! Walk around in a CCW circle for 8 counts

Have fun!!!!

Contact: Chris@humblebugdance.com