

She-Wolf

Choreographed by Levi J. Hubbard

32 Count, 2 Wall, Intermediate Line Dance

Music: **She-Wolf** by Shakira (CD single- available on iTunes)

Start dance 32 counts after the main beat kicks in (use 16 count tag after 4th wall – facing 12:00)

Or **Forever** by Chris Brown (CD: Exclusive – available on iTunes)

Step Sheet written by Rose Haven and based on Choreographers Step Sheet.

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1-8 Cross, Side, Sailor Step, Cross, 1/4 Turn Left, Back Coaster Step

- 1,2 Cross right in front of left; Step left to left side;
- 3&4 Cross right behind left; Step left to left side (&); step right slightly to right side
- 5,6 Cross left in front of right; Turn ¼ left, stepping back on right
- 7&8 Step left back; Step right next to left (&); Step left forward.

2 Step Turn Left Forward, Forward Rock-Recover, Coaster Cross, Side Rock-Recover Cross

- 1,2* Step right back as you turn ½ left; Step left forward as you turn ½ left;
 - 3,4 Rock/step forward on right; Recover weight back to left;
 - 5&6 Step right back; Step left next to right (&); Step right forward and in front of left;
 - 7&8 Rock/step left to left side; Recover weight to the right (&); Cross left over right.
- * If you don't like to turn, just walk forward on counts 1,2 above with left and right.

Side, Behind, Rock with Shoulder Push, Recover, Behind, Turn, Step

- 1,2 Step right to right side; Cross left behind right;
- 3 Rock/step right slightly out to side while pushing right shoulder up
- 4 Recover weight to left while dropping right shoulder and slightly kick right out
- 5&6 Cross right behind left; Turn ¼ left while stepping left forward (&); Step right forward;
- 7,8 Rock/step left forward; Recover weight back to right (preparing for ½ turn back)

*Counts 3,4 above are similar to the move (press/recover) done at the beginning of MJ Moves dance. If you have trouble with it, just do a right side rock-recover, and pop shoulders up & down.

1/2 Triple Turn Left, Forward Step, 1/2 Pivot Left, Step, Touch, Step, Touch

- 1&2 Triple step turn ½ left on left, right (&), left
- 3,4 Step right forward; On balls of both feet, turn ½ left
- 5,6 Step right to right diagonal; Touch left next to right while snapping fingers
- 7,8 Step left to left diagonal; Touch right next to left while snapping fingers.

Start Again!

Tag:

- 1,2 Step right forward and bump hips twice to right
- 3,4 Step left forward and bump hips twice to left
- 5,6 Step right forward and bump hips twice to right
- 7,8 Step left forward; On balls of both feet turn ½ to right taking weight to right
- 1,2 Step left forward and bump hips twice to left
- 3,4 Step right forward and bump hips twice to right
- 5,6 Step left forward and bump hips twice to left
- 7,8 Step right forward; On balls of both feet turn ½ to left taking weight to left.