

Swinging Grace

32 count 4 wall Intermediate line dance (West Coast Swing Style)

Choreographed 2/12/08 by Jo Thompson Szymanski (see teaching video at www.youtube.com)

Music: "Amazing Grace" by Charlie Rich (16 count intro) (download the song from iTunes.com or Amazon.com or the CD is available for purchase from Amazon.com)

Can use other West Coast Swing songs – "Anybody Wanna Pray With Me" by Cece Winans, "Oeoeoeo" or "Be Bop a Lula" by Scooter Lee (these are both a bit faster, but fun)

SET 1 - WIZARD STEP RIGHT AND LEFT, ROCK, RECOVER, 1/2 TURNING TRIPLE

1-2& R step to right front diagonal (1), L step crossed behind R (2). R small step to right side (&).

3-4& L step to left front diagonal (3), R step crossed behind L (4). L small step to left side (&).

5-6 R rock forward (5), Replace weight back to L (6).

7&8 Turn 1/4 right, R step to right side (7), L step together (&), turn 1/4 right, R step forward (8).

Note: Easy options for the above 8 counts – Instead of wizards you may do 2 regular shuffles forward or step R diagonal forward, touch L, step L diagonal forward, touch R. Instead of the turn, do forward rock, recover, triple back stepping R-L-R.

SET 2 - STEP, 1/2 TURN, FORWARD TRIPLE, "KOOL" KICK BALL CHANGES MOVING BACK

1-2 L step forward (1), Turn 1/2 right, shift weight forward to R (2).

3&4 L step forward (3), R step together (&), L step forward (4).

5&6 R kick forward leaning body back slightly (5), R small step back bringing body to neutral (&), L small step back leaning body slightly forward (6).

7&8 R kick forward leaning body back slightly (7), R small step back bringing body to neutral (&), L small step back leaning body slightly forward (8).

Note: "Kool and The Gang" did these kick-ball-changes in a live concert I recently attended – loved them! Easy options for the above 8 counts – If you didn't do the 1/2 turn in the first set of 8, you can leave out this turn also, by doing a L back rock, recover R, triple forward L-R-L. Instead of the kick ball changes, you may walk back 4 steps.

SET 3 - ROCK BACK, RECOVER, TURNING TRIPLE, ROCK BACK, RECOVER, TURNING TRIPLE

1-2 R rock back bringing body up to neutral and right shoulder slightly back (1), Replace weight forward to L returning shoulder to neutral (2).

3&4 Turn 1/4 left, R step to right side (3), L step together (&), Turn 1/4 left, R step back (4).

5-6 L rock back bringing left shoulder slightly back (5), Replace weight forward to R returning shoulder to neutral (6).

7&8 Turn 1/4 right, L step to left side (7), R step together (&), Turn 1/4 right, L step back (8).

Note: Easy options for the above 8 counts – You may leave both the 1/2 turns out by doing a back rock R, recover, triple forward R-L-R, forward rock L, recover, triple back L-R-L.

SET 4 - JUMP OUT, CLAP, JUMP IN, CLAP, JUMP OUT, BALL CROSS, 3/4 PADDLE TURN

&1-2 R step out to right side (&), L step out to left side, end with feet apart (1), Clap (2).

&3-4 R step centered under body (&), L step together (3), Clap (4).

&5&6 R step out to right side (&), L step out to left side, end with feet apart (5), R step back with ball of foot (&), L step across in front of R (6).

Note: Counts &6 will bring your feet back under your body, it does not travel anywhere.

&7&8 Turn 1/4 left, rock back with ball of R (&), Turn 1/4 left, L step forward (7),

Turn 1/4 left, rock back with ball of R (&), L step forward (8).

Start again from the beginning.

Note: At the end of "Amazing Grace," the song will slow down as you are dancing the 3rd set. Complete that set of 8 counts slightly slower than you have been dancing. Jump out for &1 to start set 4 on the word "see" and hold (you will be facing the left side wall). As you hold, raise both arms slowly out to the side and up over your head. On the word "grace," turn 1/4 right to face the front, bring feet together and bring hands together lowering them in front of your chest in a prayer position and bow your head. Amen!