

The Big E

Choreographed by Steve Edwards, Atlanta, GA (see Steve Edwards Dance on Facebook)

Description: 32 count, 4 wall, beginner west coast swing line dance

Music: **One Step at a Time** by Jordin Sparks [CD: Jordin Sparks / Available on iTunes]

Start dancing on lyrics.

This step sheet is slightly revised by Rose Haven, but is based on choreographer's original step sheet.

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1-8 4 WALKING STEPS FORWARD, SIDE ROCK STEP, SIDE ROCK STEP

- 1-4 Step right forward, Step left forward, Step right forward, Step left forward
5&6 Rock right to side, Recover to left (&), Step right together (option: cross right in front of left)
7&8 Rock left to side, Recover to right (&), Step left together (same option as step 6)

9-16 GRAPE VINE RIGHT, FULL TURN LEFT or option: GRAPEVINE LEFT

- 1-4 Step right to side, Cross left behind (option: cross in front of) right, Step right to side, Touch left by right
5-8 Full turn to left moving towards left on left, right, left, ending with touch right next to left **or** option: Grape Vine Left, end with a touch (Step left to side, Cross right behind left, Step left to side, Touch right next to left)

17-24 WALK BACK 4 STEPS, PRESS STEP TOGETHER, PRESS STEP TOGETHER

- 1-4 Step right back, Step left back, Step right back, Step left back
5&6 Press ball of right back, Recover to left (&), Step right together
7&8 Press ball of left back, Recover to right (&), Step left together

25-32 SIDE ROCK STEP, SIDE ROCK STEP, CHUG X4, ¼ TURN

- 1&2 Rock right to side, Recover to left (&), Step right together (option: cross right in front of left)
3&4 Rock left to side, Recover to right (&), Step left together (same option to cross)
5& Step/point right to right side and push off right to turn ¼ left.
6& Repeat 5&
7& Repeat 5&
8& Repeat 5&
& On ball of left turn another ¼ left (completing 1¼ turn to left) and begin dance again from the top.
Option on Chugs: Start with point right, and then turn as you please for counts 5,6,7,8, making sure to turn or spin an extra ¼ left from the starting wall of the chugs, to face the new starting wall.

REPEAT from the top

STYLING OPTIONS

While doing rock steps throughout this dance or when doing press steps in 3rd set of 8, try sliding the foot.