

# This & That

Choreographed by Gary Lafferty (contact information at end of dance)

Description: 32 count, 4 wall, beginner line dance

Music: **Woman** by Mark Chesnutt [CD: Rollin' With The Flow / Available on iTunes]

16-count intro;

Also **People Are Crazy** by Billy Currington – when using this song there is a 32 count intro. You start the dance just before the vocals. When using this song, you can include a restart on wall 9 (the 3<sup>rd</sup> time you start at the front wall). Do 24 counts of the dance – pause with the 4 count pause in the music, and restart from the beginning.

Step sheet written by Rose Haven, based on choreographer's step sheet on Kickit.to.com

Contact info for Rose: 404.379.1213 or [rose@atlantalincedance.com](mailto:rose@atlantalincedance.com) or web:

[www.atlantalincedance.com](http://www.atlantalincedance.com)

## **STEP RIGHT, TOUCH, STEP LEFT, TOUCH ; SIDE, TOGETHER, FORWARD, TOUCH**

- 1-2 Step right to side; Touch left next to right;
- 3-4 Step left to side; Touch right next to left;
- 5-6 Step right to side; Step left next to right;
- 7-8 Step right forward; Touch left next to right.

## **STEP LEFT, TOUCH, STEP RIGHT, TOUCH ; SIDE, TOGETHER, BACK, FLICK**

- 1-2 Step left to side; Touch right next to left;
- 3-4 Step right to side; Touch left next to right;
- 5-6 Step left to side; Step right next to left;
- 7-8 Step left back; Flick right forward.

## **RIGHT COASTER STEP, BRUSH ; LEFT STEP-LOCK-STEP, BRUSH**

- 1-2 Step right back; Step left next to right;
- 3-4 Step right forward; Brush left forward;
- 5-6 Step left forward; Lock right behind left (or step together)
- 7-8 Step left forward; Brush right forward.

## **JAZZ BOX WITH ¼ TURN TO RIGHT ; EXTENDED WEAVE**

- 1-2 Cross right over left; Step left back;
- 3-4 Turn ¼ right and step right forward; Cross left over right;
- 5-6 Step right to side; Cross left behind right;
- 7-8 Step right to side; Cross left over right.

## **REPEAT from the beginning**

Choreographer Contact Information:

**Gary Lafferty**, Paisley , Scotland. **Phone:** 0797 999 4037

Email: [gary@garylafferty.co.uk](mailto:gary@garylafferty.co.uk) website: [www.garylafferty.co.uk/](http://www.garylafferty.co.uk/)