

TUSH PUSH

Choreographer: James Ferrazzano-Wichita, Kansas

4 Wall - 40 Count Intermediate Line Dance

SUGGESTED MUSIC: "Commit Me For Hangin' On" from Scooter Lee NEW ALBUM (to order call 1-800-531-4379) or any medium to fast East or West Coast swing music

Step description prepared and distributed by Rose Haven (404) 379-1213 or

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Counts: Description:

RIGHT AND LEFT HEEL TOUCHES

1-2 Touch right heel forward ; Touch right toe next to left;

3-4 Touch right heel forward ; Step right foot next to left;

5-6 Touch left heel forward; Touch left toe next to right;

7-8 Touch left heel forward; Step left foot next to right;

* In Atlanta, GA we do a step right with shimmy for counts 1-4 and step left with shimmy for counts 5-8 [ie: Step right foot big step to right side, (1) Drag left foot towards right beginning shoulder shimmy (2); Continue drag of left foot and shimmy (3); Touch left toe next to right foot (4)]

HEEL SWITCH THREE TIMES, HOLD & CLAP

1 Touch/tap right heel forward

&2 Step right foot next to left (&); Touch/tap left heel forward;

&3 Step left foot next to right (&); Touch right heel forward;

4 HOLD & Clap hands

HIP BUMPS AND HIP ROLL

1-2 Step forward on right foot and bump hips twice to right

3-4 Shift weight back to left foot and bump hips twice to left

5-8 Alternate hip bumps to right, left, right, left with weight now on left or
Roll hips right and forward then left and back for 4 counts

TRIPLE STEPS; ROCK STEPS

1&2 Step right foot forward; Slide left next to right; Step right foot forward

3-4 Rock left foot forward; Recover weight back to right foot

5&6 Step left foot back; Slide right foot next to left; Step back on left foot

7-8 Rock back on right foot; Recover weight forward to left foot

TRIPLE STEPS; ½ PIVOT TURN; TRIPLE STEPS; ¼ PIVOT TURN

1&2 Step right foot forward; Slide left next to right; Step right foot forward

3-4 Step forward on left foot; Pivot ½ turn to right transferring weight to right foot

5&6 Step forward on left foot; Slide right foot next to left; Step left foot forward

7-8 Step forward on right foot; Pivot ¼ turn to left as weight is transferred to left foot

PIVOT ½ TURN TO LEFT, STOMP, CLAP

1-2 Step forward on right foot; Pivot ½ turn to left (on balls of both feet) transferring weight to left foot

3 Stomp right foot next to left

4 HOLD & Clap hands

Start Dance Over!